

Nutrition Department
(985) 868-7596

LUNCH SITES

Chauvin Lunch Site
113 Senior Citizen Street
Chauvin, LA. 70344
Ph. 985-594-6741
Fax 985-594-8905
Melissa Underwood, Site Manager

East Park Lunch Site
107 Roberts St.,
Houma, LA. 70363
Ph. 985-876-3407
Fax 985-876-3389
Elise LeBouef, Site Manager

Neal Ransonet Lunch Site
1122 Cross Street
Montegut, LA. 70377
Ph. 985-594-3337
Fax 985-594-3338
Maudry Bourg, Site Manager

Shady Acres Lunch Site
6512 West Main St.
Houma, LA. 70360
Ph. 985-879-4071
Fax 985-879-4075
Darlene Defelic, Site Manager

Schriever Lunch Site
168 Hwy. 311
Schriever, LA. 70395
Ph. 985-493-9911
Fax 985-493-7170
Janet Comeaux, Site Manager



Congregate Meals Program

**Good Nutrition is
“Preventative Medicine
at its Best”**

**Diana N. Edmonson,
Executive Director
995 West Tunnel Blvd
Houma, La 70360
985-868-8411**

The resources provided to Terrebonne Council on Aging, Inc. (TCOA) by the Federal, State, and local government allow the agency to serve only a fraction of its service area's 18,000+ citizens age 60 and older.

The following regulations were used by TCOA to develop selection criteria for its services:

Older Americans Act of 1965, as amended in the 2006 Reauthorization.

Louisiana Governor's Office of Elderly Affairs' (GOEA Policy Manual, Subchapter E, Section 1215(B) and (C), and Section 1223 (A)(I) and (B)(I).

TCOA's Congregate Meal Policy

Client Selection Criteria:

No older individual is entitled to service by virtue of age alone.

Persons age 60 or older, and their, spouse regardless of age; Preference must be given to participants who are economically and/or socially needy.

- ◆ GOEA's Comprehensive Assessment Form (*used by all the Councils on Aging in the State of Louisiana*) and TCOA's Participant Service Determination Form will be used to evaluate all potential participants.
- ◆ The completed assessment form is then submitted to the TCOA Executive Director or designee for review and evaluation.
- ◆ Participants with the highest score on the assessment form will be given priority in delivery of services. Participants not serviced due to unavailability of meals will be placed on a waiting list.
- ◆ Meals will be provided to spouse or disabled individuals residing with an eligible Participant, **if deemed to be in the best interest of the client.**

- ◆ Priority will be given to older persons with the greatest economic and/or social need with particular attention to low-income minority and Native American individuals.

Client's Responsibility:

- ◆ Meals must be cancelled by 1:00 p.m. the day before. Caller must inform TCOA's Nutrition Department at **868-7596 or 868-5546** if the client needs to cancel the meal for any reason; e.g. doctor's appointment, hospitalization, etc.
- ◆ To cancel a meal in the event of an **emergency**, please call the Nutrition Department at **868-7596 or 868-5546**. Callers after 5:00 p.m. and before 7:30 a.m. should call 868-8411 and press 0 to leave a message for the Nutrition Department. (Please allow for several rings, do not hang up until machine answers).
- ◆ TCOA will suspend a client from the program for one week after three (3) no-shows at the lunch site in one calendar month.
- ◆ The cost of the raw food and milk for FY14 was \$2.82. The full cost of the meal was \$11.31 which includes raw food, lunch site expenses, indirect cost, and delivery. Participants may contribute the full cost or a fraction thereof to help support the meal program.
- ◆ TCOA encourages participants to donate \$1.00 or more per meal. Your contribution will help reduce the number of people on the Congregate Meal Program's waiting list.

TCOA's Responsibility:

- ◆ To provide nutritious meals that meet or exceed one-third (1/3) of the recommended daily allowance (RDA) of persons age 60 and older; provided five days a week, between 11:00 A.M. and 12:00 Noon at TCOA's five (5) lunch sites throughout Terrebonne Parish. TCOA does not provide meals on the following Holidays:

New Year's Day
Martin Luther King's Birthday
Mardi Gras
Good Friday
Independence Day
Labor Day
Veteran's Day
Thanksgiving Day/Day After
Christmas Eve/Christmas Day

- ◆ To assure that all contributions received for the program are deposited and dedicated to the meal program.
- ◆ To provide Transportation services to all eligible participants.
- ◆ To comply with Board of Health guidelines that prohibit temperature controlled foods from leaving the lunch site. Only bread and cake can be taken home. The rest of the meal must be discarded.

This service provides a vital safety net and saves federal and state dollars by keeping the elderly out of nursing homes and avoid hospital stays which can come with staggering costs:

A one-day hospital stay or a six-day nursing-home stay costs about the same as delivering a hot meal to a home bound senior each weekday for an entire year.