

SEPTEMBER

newsletter

FROM THE DESK OF THE EXECUTIVE DIRECTOR:

This month, as we celebrate Labor Day, we honor and thank all of our agency's employees and volunteers, including the Board of Directors and the members of the Advisory Council. We value everyone's dedication in providing life-changing services to the seniors of Terrebonne Parish.



Things are going very well at the new East Side Senior Center. Pictured are some participants who came early to play a fun game of Shuffleboard. Every senior resident of Terrebonne Parish is welcome to attend any of TCOA's five senior centers. Pleaseur call 985-868-8411 ext. 602 to become a registered participant.

UPCOMING EVENTS:

- Sept 1** Labor Day (Holiday)
- Sept 6** Market at the Marina Downtown Houma, at the Marina
- Sept 9** TCOA Annual Health Fair / Bingo Social Barry P. Bonvillain Civic Center, Houma
- Sept 11** Regional Military Museum Patriot's Day Open House Regional Military Museum, Houma
- Sept 13** United Houma Nation Rising Open House UHN Rising Community Center
- Sept 19** American Red Cross CPR/First Aid Class Terrebonne General Health System
- Sept 20** Terrebonne Comic Con Main Library, 151 Library Drive, Houma
- Sept 27** Craftin' Cajuns Craft Show & Marketplace Barry P. Bonvillain Civic Center, Houma
- Sept 27** Bayou Blue Fall Festival Bayou Blue (outdoor festival grounds)
- Sept 27** Twin Fest Louisiana
- Sept 27** Oktoberfest 2025

Jane Walker

CLIENT SPOTLIGHT: LUCILLE NIXON

Lucille Nixon was one of the first clients to join the newly opened East Side Senior Center, making her part of our center's history. At the center, she enjoys staying active and social by participating in shuffleboard, cornhole, and art activities, bringing her enthusiasm to every session.

Outside of the senior center, Lucille values her faith and enjoys attending church. She also treasures spending time with her friends and family, making meaningful connections both in and out of the center. Her warm personality and involvement in center activities make her a cherished member of our community.



EMPLOYEE SPOTLIGHT: ANRICA GRIFFIN



Anrica Griffin has been part of our TCOA family since June 2022 and serves as the Coordinator for Shady Acres Senior Center. She takes great joy in creating a welcoming, safe, and fun place where seniors can spend time together each day. Anrica says the little things mean the most to her—like a smile, a laugh, or knowing she has helped make someone's day a little brighter. When she is not at Shady Acres Senior Center, Anrica enjoys being with her husband and their four wonderful children. We are happy to honor Anrica as our September Employee Spotlight of the Month!

CLIENT BIRTHDAY'S

Aaron Scott
Alan Rhodes
Anna Dupre
Ann Smith
August George
Barbara Laughlin
Bernadine Nelton
Betty Walker
Beverly Christopher
Bonnie Gautreaux
Burnese Edmond
Calvin Punch
Carol Ann Blanchard
Carol Bailey
Carolyn Dishman
Carolyn Dupre
Clifford Abbott
Cynthia Sanders
Dale Neil
Deanna Lirette
Deborah Hebert
Dianne Walker
Donald Sherman
Dorothy Bergeron
Edwina Johnson
Elizabeth Courteaux
Elizabeth LeBlanc

Elizabeth Taylor
Ellen Brodnax
Elvira Dupre
Emma Normand
Erin Duplantis
Ernest Thomas
Ethel Ledet
Evelyn LeBoeuf
Faye Andras
Gloria Bayans
Hallet Celestine
Harry Pitre
Herbert Guillot
Irene Naquin
Janet Verret
Jeannette Porche
Joanella Pitre
Joyce Gros
Juanita Littleton
Judy Verrett
Julia White
Julius Lyons
Karen Legania
Karen Verdin
Kerry Fabre
Kerry Naquin
L. C. Howard

Larry Daigle
Laura Hue
Leonce Gary
LeRoy Sales
Leshirl Bergeron
Lilly Hebert
Linda McCord
Lisa Arcement
Lorraine Green
Louis Jackson
Lubirda Myles
Lynn Domangue
Madeline Darcey
Marie Collins
Marion Boquet
Martha Jones
Mary Lou Johnston
Mary Sonnier
Michael Norman
Michael Pitre
Michel Claudet
Mona Leonard
Pamela Gros
Patty Daigle
Peggy Hebert
Richard Robicheaux
Ricky Cranmore

Robert Boyett
Rosabelle Arceneaux
Rosalie Blanchard
Roy Rodrigue
Sandra Rodrigue
Shirlene Blocker
Shirley Blanchard
Sibyl St. Julien
Stephanie Neal
Sullivan Dehart
Susan Waalk
Susie LeBlanc
Terry LeBouef
Thelma Ingram
Theophilus Charles
Thomas Breaux
Tiffany Cato
Vernon Champagne
Walter Teague
Willard Breaux
Winnie Robichaux
Yvonne Portier

SERVICE SPOTLIGHT: SENIORX

At the Terrebonne Council on Aging (TCOA), we help older adults and adults with disabilities access free or low-cost prescription medications through the LASeniorRx Program. Our staff assist clients with the application process to receive hundreds of medications for chronic conditions, and provide guidance on Medicare prescription coverage.

For more information or to apply, contact the TCOA LASeniorRx Department at (985) 858-5135 or (888) 377-1693

EMPLOYEE BIRTHDAY'S:

Travis Smith 9/1
Kayla Dardar 9/22
Sheila Brown 9/22
Chasity Liner 9/17
Tranisha Brown 9/13
Latika Coleman 9/24

FUNNY BUSINESS:

WHY DID THE NEW ORLEANS SAINTS
FOOTBALL TEAM GO TO THE BANK?

TO GET THEIR QUARTERBACK.

TCOA IS ABLE TO ACCEPT MONETARY DONATIONS THROUGH ITS WEBSITE: WWW.TERREBONNECOA.ORG. JUST CLICK ON THE BLUE DONATE NOW OPTION ON THE UPPER RIGHT HAND OF THE WEB PAGE.

TCOA HAS GIVEN DONORS THE OPTION TO DEDICATE THEIR DONATION TO A SERVICE PROGRAM OF THEIR CHOICE.

TCOA USES ZEFFY, A PLATFORM RECOMMENDED BY OTHER COUNCILS ON AGING IN LOUISIANA FOR BEING SAFE AND USER-FRIENDLY. ZEFFY WAS CREATED SPECIFICALLY FOR NON-PROFIT ORGANIZATIONS: 100% OF THE DONATED AMOUNT GOES TO THE NON-PROFIT ENTITY!